

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA**

**FAKULTAS KESEHATAN**

**PROGRAM STUDI ILMU KEPERAWATAN**

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**HUBUNGAN DUKUNGAN PASANGAN DENGAN KUALITAS HIDUP  
PASIEN HEMODIALISA DI RSUD WALED KABUPATEN CIREBON**

XII+36 Halaman+4 Tabel+3 Bagan+13 Lampiran

**ABSTRAK**

Dukungan pasangan dapat diandalkan dan dapat membantu pasien mengatasi penyakitnya, seperti diet dan meminum obat. Tujuan penelitian ini untuk mengetahui hubungan dukungan pasangan dengan kualitas hidup pasien hemodialisa di RSUD Waled Kabupaten Cirebon Tahun 2025. Metode penelitian ini yaitu kuantitatif dengan pendekatan cross sectional penelitian ini dilakukan terhadap pasien hemodialisa RSUD Waled Kabupaten Cirebon dengan populasi 108 responden menggunakan kuota sampling. Kuisisioner yang digunakan sudah baku yaitu Partner Support, WHOQoL Brief. Menggunakan uji chi-square. Hasil penelitian dukungan pasangan hampir sebagian besar mendukung (60%). Kualitas hidup pasien hemodialisa hampir sebagian besar baik (42%). Hubungan dukungan pasangan dengan kualitas hidup pasien hemodialisa di RSUD Waled Kabupaten Cirebon Tahun 2025 memiliki hubungan signifikan nilai (p-value 0,000  $\alpha$  0,05). Saran pada penelitian ini dapat menjawab permasalahan yang peneliti temukan khususnya dalam kualitas hidup pasien hemodialisa di RSUD Waled Cirebon Tahun 2025.

**Kata Kunci : Gagal Ginjal Kronik, Dukungan Pasangan, Kualitas Hidup, Hemodialisa**

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***THE RELATIONSHIP BETWEEN PATNER SUPPORT WITH QUALITY OF  
LIFE OF HEMODIALYSIS AT RSUD WALED CIREBON REGENCY***

*XII+36 Pages+4 Tables+3 Scheme+13 Enclousure*

***ABSTRACT***

*Partner support is reliable and can help patients manage their illness, such as diet and medication. The purpose of this study was to determine the relationship between partner support and the quality of life of hemodialysis patients at Waled Regional Hospital, Cirebon Regency, in 2025. This study used a quantitative cross-sectional approach. This study was conducted on hemodialysis patients at Waled Regional Hospital, Cirebon Regency, with a population of 108 respondents using quota sampling. The standard questionnaires used were Partner Support and WHOQoL Brief. The chi-square test was used. The results showed that partner support was mostly supportive (60%). The quality of life of hemodialysis patients was mostly good (42%). The relationship between partner support and the quality of life of hemodialysis patients at Waled Regional Hospital, Cirebon Regency, in 2025 was significant ( $p$ -value 0.000  $\alpha$  0.05). The recommendations in this study can address the problems identified by the researchers, particularly regarding the quality of life of hemodialysis patients at Waled Regional Hospital, Cirebon, in 2025.*

*Keywords: Chronic Kidney Failure, Spouse Support, Quality of Life, Hemodialysis*