

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA
PROGRAM STUDI KEPERAWATAN**

Skripsi, Agustus 2023

Bahtiar Fauzi Muwaffaq, Citra Setyo Dwi Andhini, Hendri Rosmawan

Hubungan *Spiritual Well-Being* Dengan Kualitas Hidup Pasien Kanker di Ruang
Kemoterapi Rumah Sakit Mitra Plumbon Cirebon

xv + 56 halaman + 4 tabel + 2 bagan + 8 lampiran

ABSTRAK

Kanker merupakan penyakit di mana sel-sel abnormal membelah tanpa kontrol, mampu menyerang jaringan lain dan menyebar ke bagian lain dari tubuh melalui darah dan sistem limfe. Diagnosis dan pengobatan kanker dapat menimbulkan berbagai masalah spiritual yang mengakibatkan penurunan kualitas hidup pasien kanker. Tujuan penelitian ini untuk mengetahui hubungan *spiritual well-being* dengan kualitas hidup pasien kanker di Ruang Kemoterapi Rumah Sakit Mitra Plumbon Cirebon.

Jenis penelitian menggunakan penelitian kuantitatif dengan desain penelitian deskriptif korelasional dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah pasien kanker di Ruang Kemoterapi Rumah Sakit Mitra Plumbon Cirebon dan teknik pengambilan sampel menggunakan metode *accidental sampling* sebanyak 30 orang. Pengambilan data menggunakan kuesioner. Analisa data dilakukan dengan menggunakan analisa univariat dengan persentase dan analisa bivariat dengan uji *chi square* (χ^2).

Hasil penelitian menunjukkan bahwa sebagian besar responden (60%) memiliki *spiritual well-being* yang baik dan sebagian besar responden (53,3%) memiliki kualitas hidup yang baik. Hasil uji statistik *chi square* (χ^2) diperoleh p value = 0,011 < α (0,05) menunjukkan bahwa H_a diterima artinya terdapat hubungan *spiritual well-being* dengan kualitas hidup pasien kanker di Ruang Kemoterapi Rumah Sakit Mitra Plumbon Cirebon.

Diharapkan perawat dapat memberikan edukasi mengenai kebutuhan spiritual pada pasien kanker sebagai upaya agar pasien memiliki harapan penuh, optimis dan berpikir positif.

Kata Kunci : *Spiritual Well-Being*, Kualitas Hidup, Kanker.

Daftar Pustaka : 32 (2015-2022)

**MAHARDIKA INSTITUTE OF TECHNOLOGY AND HEALTH
STUDY PROGRAM OF NURSING SCIENCE**

Mini Thesis, August 2023

Bahtiar Fauzi Muwaffaq, Citra Setyo Dwi Andhini, Hendri Rosmawan

The Relationship between Spiritual Well-Being and the Quality of Life of Cancer Patients in the chemotherapy room of the Mitra Plumbon Cirebon Hospital

xv + 56 pages + 4 tables + 2 schemes + 8 enclosures

ABSTRACT

Cancer is a disease in which abnormal cells divide without control, attack other tissues, and spread to other parts of the body through the blood and lymph systems. Diagnosis and cancer treatment can cause various spiritual problems that result in a decrease in the quality of life of cancer patients. The purpose of this study is to determine the relationship between spiritual well-being and the quality of life of cancer patients in the chemotherapy room of the Mitra Plumbon Cirebon Hospital.

The type of research uses quantitative research with a correlational descriptive research design with a cross-sectional approach. The population in this study was cancer patients in the chemotherapy room of the Mitra Plumbon Cirebon, and sampling techniques using the accidental sampling method included as many as 30 people. Data collection using a questionnaire Data analysis was carried out using univariate analysis with a bivariate percentage and the Chi Square (2) test.

The results showed that most of the respondents (60%) had good spiritual well-being, and most of the respondents (53.3%) had a good quality of life. The results of the Chi Square statistical test (2) obtained at value = 0.011 < α (0.05) showed that H_a was accepted, meaning there was a relationship between spiritual well-being and the quality of life of cancer patients in the chemotherapy room of the Mitra Plumbon Cirebon Hospital.

Nurses are expected to provide education about spiritual needs for cancer patients in an effort to ensure that patients have full expectations, optimism, and positive thinking.

Keywords : Spiritual Well-Being, Quality of Life, Cancer.

Referencies : 32 (2015-2022)