

**INSTITUT TEKNOLOGI DAN KESEHATAN
MAHARDIKA FAKULTAS KESEHATAN
PROGRAM STUDI DIII KEBIDANAN**

Laporan Tugas Akhir, Mei 2025

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. A DI PUSKESMAS
SINDANGLAUT KABUPATEN CIREBON TAHUN 2025**

xvi + 139 halaman + 4 tabel + 5 gambar + 13 lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan berkelanjutan mencakup kehamilan, persalinan, nifas, bayi baru lahir, hingga keluarga berencana. Tujuan laporan ini adalah memberikan asuhan kebidanan pada Ny. A, 32 tahun, G2P1A0, usia kehamilan 37 minggu 2 hari, di Puskesmas Sindanglaut Kabupaten Cirebon selama Februari–Mei 2025.

Metode yang digunakan adalah studi kasus dengan pendekatan continuity of care. Data dikumpulkan melalui wawancara, observasi, pemeriksaan fisik, dan dokumentasi SOAP. Hasil asuhan selama kehamilan menunjukkan kondisi ibu dan janin dalam batas normal. Persalinan berlangsung spontan pada 9 April 2025 pukul 02.40 WIB dengan bayi laki-laki lahir, berat 2880 gram, panjang 49 cm, menangis kuat, dan dilakukan Inisiasi Menyusui Dini (IMD).

Pada masa nifas hari ke-21 ditemukan bendungan ASI di payudara kiri. Tindakan berupa edukasi, teknik menyusui yang benar, kompres hangat-dingin, dan pijat laktasi berhasil mengatasi keluhan. Evaluasi hari ke-30 menunjukkan kondisi ibu dan bayi baik serta ibu memilih KB suntik 3 bulan.

Asuhan yang diberikan sesuai standar kebidanan dan menunjukkan hasil optimal. Laporan ini diharapkan menjadi acuan bagi tenaga kesehatan dalam memberikan pelayanan kebidanan berkelanjutan.

Kata kunci : Asuhan kebidanan, Kehamilan, Persalinan, Nifas, Bendungan ASI, BBL, KB
Daftar Pustaka: 30 (2016–2024)

MAHARDIKA INSTITUTE OF TECHNOLOGY AND
HEALTH FACULTY
STUDY PROGRAM OF MIDWIFERY

Final Report, Mei 2025

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*COMPREHENSIVE MIDWIFERY CARE ON MRS. "A" AT THE
SINDANGLAUT PUBLIC HEALTH CENTER CIREBON DISTRICT 2025*

xvi + 139 pages+ 4 tables + 5 pictures + 13 attachments

ABSTRACT

Comprehensive midwifery care is a continuous service covering pregnancy, childbirth, postpartum, newborn care, and family planning. This report aims to provide care for Mrs. A, 32 years old, G2P1A0, with a gestational age of 37 weeks 2 days, at Sindanglaut Public Health Center, Cirebon, from February to May 2025.

A case study method with a continuity of care approach was used. Data were collected through interviews, physical examinations, and SOAP documentation. During pregnancy, maternal and fetal conditions were within normal limits. Spontaneous delivery occurred on April 9, 2025, at 02:40 AM. A male baby was born weighing 2880 grams, 49 cm in length, cried strongly, and Early Initiation of Breastfeeding (EIBF) was successfully performed.

On postpartum day 21, the mother experienced left breast engorgement. Management included education, proper breastfeeding techniques, warm-cold compresses, and lactation massage. On day 30, both mother and baby were in good condition, and the mother chose a 3-month injectable contraceptive.

The care provided followed midwifery standards and yielded optimal results. This report is expected to serve as a reference for health professionals in delivering continuous and comprehensive midwifery services.

Keywords: Midwifery Care, Pregnancy, Childbirth, Postpartum, Breast Engorgement, Newborn, Family Planning

References: 30 (2016–2024)