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**PROGRAM STUDI KESEHATAN MASYARAKAT**

Skripsi, Mei 2025

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**HUBUNGAN PENGETAHUAN DENGAN *HYGIENE* SANITASI MAKANAN  
PADA PENJAMAH MAKANAN DI INSTALASI GIZI RSUD WALED  
KABUPATEN CIREBON**

xi + 77 + 4 tabel + 2 bagan + 12 lampiran

**ABSTRAK**

Hygiene sanitasi penjamah makanan memegang peranan penting dalam kelancaran proses produksi karena pekerja merupakan perencana, pelaksana dan pengelola dalam suatu penyelenggaraan makanan serta melindungi kesehatan penderita/pasien di rumah sakit dari penyakit akibat kontaminasi makanan. Dukungan pengetahuan mempengaruhi penjamah dalam penerapan hygiene sanitasi makanan. Pada kenyataannya, hasil monitoring infection control di beberapa rumah sakit, hygiene sanitasi makanan masih kurang dan terkontaminasi mikroorganisme penular penyakit. Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan dengan *hygiene* sanitasi makanan pada penjamah makanan di Instalasi Gizi RSUD Waled kabupaten Cirebon.

Desain penelitian ini menggunakan dengan pendekatan cross sectional. Instrumen yang digunakan yaitu lembar kuesioner dan observasi. Jumlah sampel sebanyak 30 penjamah makanan. Penelitian ini dilaksanakan di wilayah Instalasi Gizi RSUD Waled. Teknik pengambilan sampel pada penelitian ini adalah total sampling menggunakan analisis univariat dan bivariate dengan uji chi-square.

Dari hasil uji statistik menggunakan uji chi-square dengan melihat sel *fisher's exact test* diperoleh  $p\text{-value} = 0,018 \leq 0,05$ . Artinya,  $H_0$  ditolak dan  $H_a$  diterima menunjukkan adanya hubungan yang signifikan antara pengetahuan dengan hygiene sanitasi makanan pada penjamah makanan di Instalasi gizi RSUD Waled Kabupaten Cirebon.

Hasil penelitian ini diharapkan dapat mendorong peningkatan pengetahuan penjamah makanan sehingga dapat merubah hygiene sanitasi yang lebih baik lagi.

**Kata Kunci: Pengetahuan, Penjamah Makanan, Hygiene Sanitasi Makanan**

**Daftar Pustaka : 31 (2015 – 2025)**

**MAHARDIKA INSTITUTE OF TECHNOLOGY AND HEALTH**

**FACULTY OF HEALTH SCIENCES**

**STUDY PROGRAM OF PUBLIC HEALTH**

*Thesis, May 2025*

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***THE RELATIONSHIP OF KNOWLEDGE AND FOOD SANITATION  
HYGIENE AMONG FOOD HANDLERS IN NUTRITION INSTALLATION  
AT WALED REGIONAL GENERAL HOSPITAL IN CIREBON REGENCY***

*xi + 77 pages + 4 tables + 2 chart + 12 appendices*

**ABSTRACT**

*Food handler hygiene and sanitation play an important role in the smooth running of the production process because workers are planners, implementers and managers in organizing food and protecting the health of patients in hospitals from diseases caused by food contamination. Knowledge support affects handlers in implementing food hygiene and sanitation. In reality, the results of infection control monitoring in several hospitals, food hygiene and sanitation are still lacking and contaminated with disease-transmitting microorganisms. This study aims to determine the relationship between knowledge and food hygiene and sanitation in food handlers at the Nutrition Installation of Waled Hospital, Cirebon Regency.*

*This study design uses a cross-sectional approach. The instruments used are questionnaires and observations. The number of samples is 30 food handlers. This study was conducted in the Nutrition Installation area of Waled Hospital. The sampling technique in this study was total sampling using univariate and bivariate analysis with the chi-square test.*

*From the results of statistical tests using the chi-square test by looking at the fisher cell; s exact test, the p-value =  $0.018 \leq 0.05$  was obtained. This indicates that  $H_0$  is rejected and  $H_a$  is accepted, showing a significant relationship between knowledge and food hygiene and sanitation among food handlers at the Nutrition Installation of Waled Hospital, Cirebon Regency.*

*The results of this study are expected to encourage the improvement of food handlers' knowledge, thereby leading to better hygiene and sanitation practices.*

***Keywords: Knowledge, Food Handlers, Food Sanitation Hygiene***

***References: 31 (2015–2025)***