

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA
FAKULTAS KESEHATAN**

PROGRAM STUDI KESEHATAN MASYARAKAT

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**HUBUNGAN PERILAKU IBU DALAM MENYUSUI DENGAN
KEJADIAN DIARE PADA BALITA DI WILAYAH KERJA PUSKESMAS
PLERED KABUPATEN CIREBON**

xxi + 39 + 7 tabel + 2 bagan + 14 lampiran

ABSTRAK

Diare merupakan keadaan buang air besar lebih dari 3 kali dalam sehari dengan bentuk tinja yang cair. Dehidrasi akibat diare bisa sangat berbahaya, karena menyebabkan hilangnya sejumlah cairan tubuh yang dapat menyebabkan kematian. Dalam hal ini, perilaku ibu sangat berperan penting dalam upaya pencegahan penyakit diare pada balita. Penelitian ini bertujuan untuk mengidentifikasi hubungan antara perilaku ibu dalam menyusui dengan kejadian diare balita di wilayah kerja Puskesmas Plered Kabupaten Cirebon. Desain penelitian yang digunakan adalah *cross sectional* dengan Instrumen penelitiannya berupa lembar kuesioner dengan Teknik pengambilan sampel *Proportionate stratified random sampling*. Analisis data dilakukan secara univariat dan bivariat dengan menggunakan uji chi-square. Hasil dari penelitian ini diperoleh $p\text{-value} = 0,000 \leq 0,05$. Artinya H_0 ditolak dan H_a diterima ini menunjukkan adanya hubungan yang signifikan antara hubungan perilaku ibu dalam menyusui dengan kejadian diare balita di Wilayah kerja Puskesmas Plered Kabupaten Cirebon. Hasil penelitian ini diharapkan dapat memberikan informasi, pengetahuan serta pemahaman kepada masyarakat khususnya ibu sehingga diharapkan bisa berdampak pada perubahan perilaku ibu dan masyarakat pada saat menyusui untuk mencegah terjadinya diare balita.

Kata kunci : Perilaku Ibu dalam menyusui, kejadian diare balita

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**THE RELATIONSHIP BETWEEN MOTHER'S BEHAVIOR IN
BREASTFEEDING AND THE INCIDENCE OF TODDLER IN
DIARRHEA IN THE WORK AREA OF PLERED COMMUNITY
HEALTH CENTER, CIREBON REGENCY**

xxi + 39 + 7 tables + 2 schene + 14 enclousure

ABSTRACT

Diarrhea s a condition of defecating more than 3 times a day with liquid stools. Dehydration due to diarrhea can be very dangerous, because it causes the loss of a number of body fluids that can lead to death. In this case, maternal behavior plays a very important role in efforts to prevent diarrhea in toddlers. This study aims to identify the relationship between maternal behavior in breastfeeding with the incidence of toddler diarrhea in the work area of the Plered Community Health Center, Cirebon Regency. The research design used was a cross-sectional study with the research instrument in the form of a questionnaire sheet with a Proportionate stratified random sampling technique. Data analysis was carried out univariately and bivariately using the chi-square test. The results of this study obtained a p-value = $0.000 \leq 0.05$. This means that H_0 is rejected and H_a is accepted, indicating a significant relationship between the relationship between maternal behavior in breastfeeding with the incidence of toddler diarrhea in the work area of the Plered Community Health Center, Cirebon Regency. The results of this research are expected to provide information, knowledge and understanding to the public especially mothers so that it is hoped that it can have an impact on changing the behavior of mothers and the community when breastfeeding to prevent diarrhea in toddlers.

Keywords: Mother's behavior in breastfeeding, incidence of diarrhea in toddlers
Bibliography: 2015-2025