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**HUBUNGAN PENGETAHUAN IBU DENGAN PERILAKU
PENCEGAHAN STUNTING PADA BALITA DI DESA WINONG DI
WILAYAH KERJA PUSKESMAS WINONG KABUPATEN CIREBON**

x+ 53 + 9 Tabel + 2 bagan + 11 lampiran

ABSTRAK

Stunting adalah gangguan pertumbuhan dan perkembangan anak akibat kekurangan gizi kronis dan infeksi berulang, ditandai dengan panjang atau tinggi badan berada di bawah standar. Beberapa faktor yang dapat menyebabkan terjadinya stunting pada anak diantaranya, rendahnya pengetahuan ibu tentang nutrisi yang baik selama masa kehamilan maupun setelah melahirkan yang berpengaruh terhadap perilaku ibu dalam memberikan gizi seimbang pada anak.

Penelitian ini dilakukan bertujuan untuk mengidentifikasi hubungan pengetahuan ibu dengan perilaku pencegahan stunting pada balita di Desa Winong di Wilayah Kerja Puskesmas Winong Kabupaten Cirebon. Metode yang digunakan adalah kuantitatif dengan desain penelitian *cross sectional* dan melibatkan 88 responden yang dipilih melalui *Proportionate stratified random*, data dikumpulkan

Berdasarkan analisis terhadap 88 responden, ditemukan adanya hubungan yang signifikan antara Hubungan Pengetahuan Ibu dengan Perilaku Pencegahan Stunting pada Balita di Desa Winong di Wilayah kerja Puskesmas Winong Kabupaten Cirebon, dengan nilai $p\text{-value} = 0,040 \leq 0,05$.

Secara ilmiah dapat disimpulkan bahwa pengetahuan ibu memiliki keterkaitan nyata terhadap perilaku pencegahan stunting pada balita.

Diharapkan kepada petugas untuk melakukan edukasi kepada ibu yang memiliki balita yang berkelanjutan tentang stunting, khususnya terkait pencegahan stunting pada balita.

Kata kunci : Pengetahuan Ibu, Perilaku Pencegahan Stunting

Daftar Pustaka : 31 (2017 – 2025)

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***THE RELATIONSHIP BETWEEN MOTHER'S KNOWLEDGE AND
STUNTING PREVENTION BEHAVIOR AMONG TODDLERS IN WINONG
VILLAGE, WINONG PUBLIC HEALTH CENTER WORKING AREA,
CIREBON REGENCY***

x + 53 +9 tables + 2 schene + 11 enclousure

ABSTRACT

Stunting is a growth and development disorder in children due to chronic malnutrition and recurrent infections, characterized by a length or height below the standard. Several factors can cause stunting in children, including low maternal knowledge about good nutrition during pregnancy and after childbirth, which affects mothers' behavior in providing balanced nutrition to their children.

This study aimed to identify the relationship between maternal knowledge and stunting prevention behavior in toddlers in Winong Village, Winong Public Health Center, Cirebon Regency. The method used was quantitative with a cross-sectional design, involving 88 respondents selected through proportionate stratified random sampling. Data were collected and analyzed.

Based on the analysis of 88 respondents, a significant relationship was found between maternal knowledge and stunting prevention behavior in toddlers in Winong Village, Winong Public Health Center, Cirebon Regency, with a $p\text{-value} = 0.040 \leq 0.05$.

Scientifically, it can be concluded that maternal knowledge has a significant relationship with stunting prevention behavior in toddlers.

It is expected that healthcare workers will provide ongoing education to mothers with toddlers about stunting, particularly regarding stunting prevention in toddlers.

Keywords : Maternal Knowledge and Stunting Prevention Behavior

Reverence : 31 (2017 -2025)