

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA FAKULTAS
KESEHATAN PROGRAM STUDI ILMU KEPERAWATAN**

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**HUBUNGAN DUKUNGAN KELUARGA DENGAN KUALITAS HIDUP
PASIEN GAGAL GINJAL KRONIK YANG MENJALANI
HEMODIALISA DI RUMAH SAKIT
MITRA PLUMBON CIREBON**

xiv + 45 + 5 tabel + 2 skema + 14 lampiran

ABSTRAK

Hemodialisa dalam jangka waktu yang panjang pasti menghadapi berbagai masalah diantaranya finansial, kesulitan bekerja, hasrat seksual menurun, depresi, ketakutan menghadapi kematian, gaya hidup yang harus berubah, dan pasti mempengaruhi semangat hidup seseorang. Pasien yang menjalani hemodialisa semangat hidupnya mengalami penurunan karena perubahan yang harus dihadapi mempengaruhi kualitas hidupnya meliputi kesehatan fisik, kondisi psikologis, spiritual, status ekonomi sosial dan dinamika keluarga. Pada pasien yang menjalani Hemodialisa Kualitas hidup sangat penting, karena dengan adanya dukungan keluarga, pasien akan lebih rileks dalam menjalani proses yang harus dilalui, dimana keluarga menjalankan fungsinya sebagai system yang bersifat mendukung, siap selalu dalam memberikan pertolongan jika dibutuhkan. Penelitian ini menggunakan penelitian kuantitatif *cross-sectional* terhadap pasien gagal ginjal kronik yang menjalani hemodialisa di Rumah Sakit Mitra Plumbon Cirebon. Sampel diambil secara acak selama selama 3 minggu. Sampel yang digunakan sebanyak 76. Responden diminta untuk mengisi kuesioner. Uji Chi square dengan nilai signifikan $\alpha = 0,05$ digunakan untuk analisis data. KEPK ITEKes Mahardika menyatakan bahwa hasil uji etik penelitian "Layak Etik". Hasil penelitian ini didapatkan dukungan keluarga dengan kategori baik (64,5%) dan kategori kurang (35,5%) sedangkan kualitas hidup dengan kategori baik (53,9%) dan kategori kurang (46,1%). Hasil hipotesis dengan nilai signifikan memberikan nilai $p\ value (0,000) < \alpha (0,05)$ yang artinya menunjukkan bahwa terdapat hubungan dukungan keluarga dengan kualitas hidup pasien gagal ginjal kronik yang menjalani hemodialisa di Rumah Sakit Mitra Plumbon Cirebon. Oleh karena itu, dukungan keluarga sangat penting bagi pasien gagal ginjal yang menjalani hemodialisa, sehingga kualitas hidupnya terjaga.

Kata Kunci : Dukungan Keluarga, Kualitas Hidup, Hemodialisa, Gagal Ginjal

Daftar Pustaka : 24 (2010 – 2022)

**MAHARDIKA INSTITUTE OF HEALTH AND TECHNOLOGY FACULTY
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***THE RELATIONSHIP OF FAMILY SUPPORT WITH QUALITY OF LIFE
PATIENTS ON CHRONIC RENAL FAILURE
HEMODIALYSIS IN MITRA PLUMBON
HOSPITAL CIREBON***

xiv + 45 + 5 table + 2 schemes + 14 enclosure

ABSTRACT

Hemodialysis in the long term must face various problems including finances, difficulty working, decreased sexual desire, depression, fear of death, lifestyle that must change, and certainly affect one's enthusiasm for life. Patients who undergo hemodialysis experience a decrease in their enthusiasm for life because the changes that must be faced affect their quality of life including physical health, psychological condition, spiritual, social economic status and family dynamics. In patients undergoing hemodialysis, quality of life is very important, because with family support, patients will be more relaxed in going through the process they have to go through, where the family functions as a support system, always ready to provide help if needed. This study used a cross-sectional quantitative study of chronic kidney failure patients undergoing hemodialysis at Mitra Plumbon Hospital, Cirebon. Samples were taken randomly for 3 weeks. Respondents were asked to fill out a questionnaire. Chi square test with a significant value of $\alpha = 0.05$ was used for data analysis. KEPK ITEKes Mahardika stated that the results of the research ethics test were "Ethically Appropriate". The results of this study obtained family support in the good category (64.5%) and the poor category (35.5%) while the quality of life was in the good category (53.9%) and the poor category (46.1%). The results of the hypothesis with a significant value give a p value ($0.000 < \alpha (0.05)$) which means that there is a relationship between family support and quality of life of chronic kidney failure patients undergoing hemodialysis at Mitra Plumbon Hospital Cirebon. Therefore, family support is very important for patients with kidney failure undergoing hemodialysis, so that their quality of life is maintained.

Key words: Family Support, Quality of Life, Hemodialysis, Kidney Failure
Referencis : 24 (2010 – 2022)