

**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS KESEHATAN
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**HUBUNGAN USIA DENGAN MOTIVASI MOBILISASI DINI PADA
PASIE PASCA OPERASI *SECTIO CAESAREA* DI RUMAH SAKIT
MITRA PLUMBON KABUPATEN CIREBON TAHUN 2024**

xiii + 52 halaman + 4 tabel + 2 diagram + 5 lampiran

ABSTRAK

Pasien wanita dengan operasi caesarea, proses pemulihannya berlangsung lama, maka perlu adanya motivasi dalam melakukan mobilisasi dini. Dari hasil studi pendahuluan terdapat 6 pasien post operasi *sectio caesaria* yang dirawat kurang dari 24 jam post operasi *sectio caesaria*. Distribusi usia dari 6 pasien tersebut bervariasi mulai dari umur 20 sampai dengan umur 48 tahun. Keseluruhan pasien tersebut mengalami penurunan motivasi untuk melakukan mobilisasi dini, 5 pasien (83,3%) diantaranya masih belum dapat duduk sendiri. Tujuan dari penelitian ini adalah untuk mengetahui hubungan usia dengan motivasi mobilisasi dini pada pasien pasca operasi *sectio caesarea* di Rumah Sakit Mitra Plumbon Kabupaten Cirebon 2024

Desain penelitian yang digunakan dalam penelitian ini adalah desain penelitian *deskripsi korelasional* dengan pendekatan *cross sectional*. Populasi penelitian adalah seluruh pasien post *sectio caesarea* yang dirawat di Rumah Sakit Mitra Plumbon Kabupaten Cirebon dengan jumlah responden sebagai sampel penelitian sebanyak 49 pasien. Instrumen penelitian menggunakan lembar kuesioner. Hasil penelitian dianalisa melalui analisa univariat dan analisa bivariat menggunakan uji *chi square*.

Hampir separuh dari responden tergolong berusia dewasa awal, yaitu sebanyak 22 responden (44,9%). Sebagian besar responden mempunyai tingkat motivasi mobilisasi dini yang baik, yaitu sebanyak 28 responden (57,1%). Terdapat hubungan antara usia dengan motivasi mobilisasi dini pasien, dengan kekuatan hubungan yang tergolong cukup kuat.

Saran kepada pihak rumah sakit dan perawat untuk meningkatkan pelayanan keperawatan terutama dalam hal pemberian komunikasi interpersonal perawat kepada pasien.

Kata kunci: usia pasien, sectio caesarea, mobilisasi dini

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**NURSING SCIENCE STUDY PROGRAM
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***CORRELATION BETWEEN OF AGE WITH MOTIVATION FOR EARLY
MOBILIZATION IN PATIENTS POST CAESAREA SECTIO OPERATION
IN PLUMBON PARTNER HOSPITAL CIREBON DISTRICT YEAR 2024***

xiii + 52 pages + 4 tables + 2 diagrams + 5 attachments

ABSTRACT

Female patients with cesarean section, the recovery process takes a long time, so there needs to be motivation in carrying out early mobilization. From the results of a preliminary study, there were 6 post-cesarean section patients who were treated less than 24 hours post-cesarean section surgery. The age distribution of the 6 patients varied from 20 to 48 years of age. All of these patients experienced a decrease in motivation to carry out early mobilization, 5 patients (83.3%) of whom were still unable to sit alone. The purpose of this study was to determine the relationship between age and early mobilization motivation in post-cesarean section patients at Mitra Plumbon Hospital, Cirebon Regency in 2024.

The research design used in this study was a correlational description research design with a cross-sectional approach. The study population was all post-cesarean section patients treated at Mitra Plumbon Hospital, Cirebon Regency with the number of respondents as a research sample of 49 patients. The research instrument used a questionnaire sheet.

The results of the study were analyzed through univariate analysis and bivariate analysis using the chi square test. Almost half of the respondents were classified as early adults, namely 22 respondents (44.9%). Most respondents had a good level of early mobilization motivation, namely 28 respondents (57.1%). There was a relationship between age and early mobilization motivation of patients, with the strength of the relationship being quite strong.

Suggestions for hospitals and nurses to improve nursing services, especially in terms of providing interpersonal communication between nurses and patients.

Keywords: patient age, sectio caesarea, early mobilization

Bibliography: 31 (2019-2023)