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**HUBUNGAN KESEJAHTERAAN SPIRITUAL DENGAN KECEMASAN PADA
PASIEAN PRE-OPERATIF KATARAK DI KLINIK INDERA KOTA CIREBON**

xviii + 75 halaman + 7 tabel + 17 lampiran

ABSTRAK

Katarak menimbulkan penurunan penglihatan karena disebabkan kandungan air dan protein pada lensa mengalami kekeruhan sehingga cahaya yang masuk ke retina menjadi tidak fokus (AOA, 2019). Jumlah katarak menurut *Career Development Center* di Amerika perkiraan 20,5 juta. Jumlah penderita katarak di klinik indera kota cirebon yaitu 124 pada bulan desember 2023. Tujuan penelitian ini yaitu untuk mengidentifikasi apakah ada hubungan kesejahteraan spiritual dengan kecemasan pada pasien pre-operatif katarak di Klinik Indera Kota Cirebon.

Jenis penelitian ini yaitu deskriptif korelasional. Populasi pre operasi katarak di Klinik Indera Kota Cirebon sebanyak 124 pada bulan desember 2023, dan sampel berjumlah 95 responden. Sampel diambil dengan teknik *purposive sampling* instrumen kesejahteraan spiritual menggunakan kuesioner SWBS (*Spiritual Well Being Scalle*) dan kecemasan menggunakan kuesioner APAIS (*Amsterdam Preoperative anxiety and Information Scale*). Analisis data menggunakan uji *rank spearman* dengan p value menggunakan 0,000.

Hasil penelitian menunjukkan rerata usia 65 tahun, usia termuda 18 tahun dan usia tertua 80 tahun. Kesejahteraan spiritual tinggi pada (97.9%) responden dan kecemasan ringan pada 86.3%. terdapat hubungan yang signifikan, kuat dan negatif antara kesejahteraan spiritual dengan kecemasan pada pasien pre operasi katarak (p value = 0,000; $\alpha=0,1$).

Semakin tinggi kesejahteraan spiritual maka kecemasan semakin ringan. Penelitian ini diharapkan dapat mengembangkan kemampuan kognitif dan psikomotor yang berkaitan dalam pemberian asuhan keperawatan paliatif pada pasien katarak.

**Kata Kunci : Kesejahteraan Spiritual, Kecemasan, Pre Operasi, Katarak
Daftar Pustaka : 40 (2013-2023)**

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***CORRELATION BETWEEN SPIRITUAL WELL-BEING AND ANXIETY IN PRE-
OPERATIVE CATARACT PATIENTS AT THE KLINIK INDERA CLINIC CIREBON***

xviii + 75 pages + 7 tabels + 17appendices

ABSTRACT

Cataracts cause clouding due to the water and protein content in the lens becoming cloudy so that light entering the retina becomes unfocused (AOA, 2019). According to the Career Development Center in America, the number of cataracts is estimated at 20.5 million. The number of cataract sufferers at the Cirebon City Indera Clinic is 124 in December 2023. The aim of this research is to identify whether there is a relationship between spiritual well-being and anxiety in pre-operative cataract patients at the Cirebon City Indera Clinic.

This type of research is descriptive correlational. The population of pre-cataract surgery at the Cirebon City Indera Clinic was 124 in December 2023, and the sample consisted of 95 respondents. Samples were taken using a purposive sampling technique for spiritual well-being instruments using the SWBS (Spiritual Well_Being Scalle) questionnaire and anxiety using the APAIS (Amsterdam Preoperative Anxiety and Information Scale) questionnaire. Data analysis used the Spearman rank test with a p value of 0.000.

The research results showed that the average age was 65 years, the youngest age was 18 years and the oldest age was 80 years. Spiritual well-being was high in 97.9% respondents and mild anxiety in 86.3%. There is a significant, strong and negative relationship between spiritual well-being and anxiety in pre-cataract surgery patients (p value = 0.000; $\alpha=0.1$). The higher the spiritual well-being, the lighter the anxiety. The research is expected to improve cognitive and psychomotor skills related to providing palliative nursing care to cataract patient.

Keywords: Spiritual Well-being, Anxiety, Pre-Operation, Cataracts

Referencies: 40 (2013-2023)