

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA FAKULTAS
KESEHATAN PROGRAM STUDI ILMU KEPERAWATAN**

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**HUBUNGAN PERAN PERAWAT DENGAN KEPATUHAN PASIEN
MENJALANI HEMODIALISA DI RUANG HEMODIALISA RS MITRA
PLUMBON KABUPATEN CIREBON TAHUN 2023**

xvii + 56 + 6 tabel + 2 skema + 14 lampiran

ABSTRAK

Kepatuhan pasien hemodialisis dapat mempengaruhi kualitas hidup pasien gagal ginjal. Ketika fungsi ginjal mengalami gangguan, peran perawat merupakan bagian integral dari pelayanan kesehatan berdasarkan ilmu dan kiat keperawatan seperti pelayanan biopsikososial-spiritual komprehensif pada pasien gagal ginjal yang menjalani pengobatan hemodialisa. Dalam hal ini, caregiver harus berperan dalam pemulihan pasien yang menjalani perawatan hemodialisis, sehingga mereka dapat mengatur aktivitasnya, menjaga kualitas hidupnya dan tetap semangat menjalani perawatan hemodialisis. Penelitian ini dilakukan untuk mengetahui hubungan antara peran perawat dengan kepatuhan pasien hemodialisis dalam menjalani perawatan hemodialisis di rumah sakit.

Penelitian ini menggunakan penelitian kuantitatif *cross-sectional* terhadap pasien hemodialisis yang menjalani hemodialisis di Rumah Sakit Mitra Plumbon Cirebon. Sampel diambil secara acak selama sebulan. Responden diminta untuk mengisi kuesioner. Uji Spearman dengan nilai signifikansi $\alpha = 0,05$ digunakan untuk analisis data. KEPK ITEKes Mahardika menyatakan bahwa hasil uji etik penelitian “Laik Etik”.

Hasil penelitian didapatkan peran perawat dengan kategori sangat baik (35,39%), kategori baik (50%), kategori cukup (14,71%) dan kategori kurang (0%) sedangkan tingkat kepatuhan pasien Hemodialisa dengan kategori tidak patuh (1%), kategori kurang patuh (69%), dan kategori patuh (30%).

Hasil uji hipotesis dengan nilai signifikansi 0,05 memberikan nilai $p(0,023) < \alpha(0,05)$ dan nilai $r(0,276) < 1$ serta berarah positif artinya Peran Perawat mempunyai hubungan erat yang cukup dan positif dengan perawatan pasien hemodialisis di ruang hemodialisis RS Mitra Plumbon Kabupaten Cirebon tahun 2023. Oleh karena itu, peran tenaga keperawatan sangat penting untuk meningkatkan kinerja pasien gagal ginjal yang menjalani hemodialisa, sehingga kualitas hidupnya tetap terjaga.

Kata Kunci : Peran Perawat, Kepatuhan, Pasien Hemodialisa, Gagal Ginjal

Daftar Pustaka : 24 (2012 – 2023)

**MAHARDIKA INSTITUTE OF TECHNOLOGY AND HEALTH HEALTH
FACULTY STUDY PROGRAM OF NURSING SCIENCE**

*Mini Thesis, June 2023
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**THE CORRELATION BETWEEN NURSE ROLE TOWARD COMPLIANCE OF
HAEMODIALYSIS PATIENTS AT THE HAEMODIALYSIS ROOM OF MITRA
PLUMBON HOSPITAL CIREBON IN 2023**

xvii + 55 + 2 table + 2 schemes + 14 enclosure

ABSTRACT

Compliance of patients undergoing hemodialysis can affect the quality of life of patients with kidney failure where there is a decrease in kidney function, the role of the nurse is an integral part of health services, based on nursing knowledge and tips, in the form of comprehensive bio-psycho-social-spiritual- services for patients with kidney failure who undergo hemodialysis therapy, in this case nurses are required to play a role in returning patients undergoing hemodialysis therapy to be able to carry out their functions, maintain their quality of life and remain enthusiastic in adherence to undergoing hemodialysis therapy. This study was conducted to identify a relationship between the role of the nurse and the compliance of hemodialysis patients undergoing hemodialysis therapy at the hospital.

This study used a quantitative cross sectional study on hemodialysis patients undergoing hemodialysis therapy at Mitra Plumbon Hospital, Cirebon. Samples were taken by accidental sampling for one month. Respondents were asked to fill out a questionnaire sheet. The instrument used is a questionnaire sheet. Data analysis used the Spearman test with a significance value of $\alpha = 0.05$. The results of the research ethics test were declared "Ethically Eligible" from KEPK ITEKs Mahardika.

The results showed that the role of nurses was in very good categories (35.39%), good categories (50%), sufficient categories (14.71%) and less categories (0%) while the level of adherence of Hemodialysis patients was in the non-adherent category (1%), less compliant category (69%), and compliant category (30%).

The results of the hypothesis test with a significance value of 0.05 obtained a ρ value (0.023) $< \alpha$ (0.05) and an r value (0.276) < 1 and had a positive direction meaning that the role of the nurse has an adequate and positive relationship with the level of adherence of hemodialysis patients in the hemodialysis room at Mitra Plumbon Hospital, Cirebon Regency in 2023. Therefore, the role of nurses is very important to increase compliance in kidney failure patients undergoing hemodialysis therapy to maintain their quality of life.

Key word: role nurses, compliance, Haemodialysis patient, kidney disease

Referencies: 24 (2012-2023)