

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA CIREBON  
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**PROGRAM STUDI ILMU KEPERAWATAN**

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Hubungan Nyeri dengan Pemberian ASI di Ruang Rawat Inap 3

Rumah Sakit Mitra Plumbon Cirebon

xv + 68 halaman + 2 tabel + 4 gambar + 10 lampiran

**ABSTRAK**

Menurut *World Health Organization* (WHO), pada tahun 2020, angka rata-rata persentase operasi *sectio caesarea* dari 1000 kelahiran di seluruh dunia berkisar antara 5-15%. Berdasarkan laporan Kesehatan Indonesia tahun 2021 persentase tertinggi cakupan pemberian ASI eksklusif terdapat pada Provinsi Nusa Tenggara Barat (82,4%), sedangkan di Jawa Barat sendiri cakupan ASI mencapai 59,4%. Tujuan dari penelitian ini untuk mengetahui hubungan nyeri post *sectio caesarea* dengan pemberian ASI pada ibu post *sectio caesarea* di ruang rawat inap 3 Rumah Sakit Mitra Plumbon Cirebon tahun 2023.

Jenis penelitian ini menggunakan penelitian kuantitatif dengan desain penelitian deskriptif korelasional dengan pendekatan *cross sectional*. Populasi adalah seluruh pasien post *sectio caesarea* di ruang rawat inap 3 Rumah Sakit Mitra Plumbon Cirebon sebanyak 60 dan teknik sampling menggunakan metode purposive sampling sebanyak 38 orang. Pengambilan data menggunakan kuesioner pemberian ASI dan lembar observasi nyeri. Analisa bivariat dengan uji chi square ( $\chi^2$ ) dilakukan bulan Juni 2023.

Hasil penelitian menunjukkan sebagian besar merasakan nyeri sedang 18 responden (47,4%) dan sebagian besar responden memberikan ASI baik yaitu sebesar 21 responden (55,3%). Hasil uji chi square hubungan antara nyeri dengan pemberian ASI pada ibu post *sectio caesarea* di Ruang Rawat Inap 3 RS Mitra Plumbon tahun 2023 dengan nilai  $p\text{-value} = 0,027$  ( $P < 0,05$ ).

Setelah dilakukan analisis didapatkan hasil terdapat hubungan antara nyeri dengan pemberian ASI pada ibu post *section caesarea* di ruang rawat inap 3 RS Mitra Plumbon Cirebon. Diharapkan RS mampu memberikan pelatihan mengenai menejemn laktasi pada ibu hamil selama ANC di RS Mitra Plumbon.

Kata Kunci : Nyeri, Pemberian ASI, ibu post *sectio caesarea*,

Daftar Pustaka : 68 (2009-2021))

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Relationship of Pain with Breastfeeding in Inpatient Room 3

Mitra Plumbon Hospital Cirebon

xv + 68 pages + 2 tables + 4 images + 10 appendices

**ABSTRACT**

According to the *World Health Organization* (WHO), in 2020, the average percentage of *cesarean section* sections of 1000 births worldwide ranged from 5-15%. Based on the 2021 Indonesian Health report, the highest percentage of exclusive breastfeeding coverage is found in West Nusa Tenggara Province (82.4%), while in West Java itself breastfeeding coverage reaches 59.4%. The purpose of this study is to determine the relationship between post *sectio caesarea* pain and breastfeeding for post *sectio caesarea* mothers in inpatient room 3 of Mitra Plumbon Hospital Cirebon in 2023.

This type of research uses quantitative research with a correlational descriptive research design with a *cross sectional* approach. The population is all post *sectio caesarea* patients in inpatient room 3 of Mitra Plumbon Hospital Cirebon as many as 60 and sampling techniques using the purposive sampling method as many as 38 people. Data were collected using breastfeeding questionnaires and pain observation sheets. Bivariate analysis with chi square ( $\chi^2$ ) test will be conducted in June 2023.

The results showed that most felt moderate pain 18 respondents (47.4%) and most respondents breastfed well, namely 21 respondents (55.3%). The results of the chi square test of the relationship between pain and breastfeeding in *post-sectio caesarea* mothers in Inpatient Room 3 of Mitra Plumbon Hospital in 2023 with a *p-value* = 0.027 ( $P < 0.05$ ).

After the analysis, it was found that there was a relationship between pain and breastfeeding in *post-caesarean section* mothers in inpatient room 3 Mitra Plumbon Hospital Cirebon. It is expected that the hospital will be able to provide training on lactation management for pregnant women during ANC at Mitra Plumbon Hospital.

Keywords : Pain, Breastfeeding, post *sectio caesarea* mother,

Bibliography : 68 (2009-2021))