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**HUBUNGAN DUKUNGAN KELUARGA DENGAN KEAKTIFAN
KUNJUNGAN POSBINDU PADA LANSIA DI WILAYAH KERJA
PUSKESMAS CILEDUG**

xv + 52 halaman + 5 tabel + 2 bagan + 17 lampiran

ABSTRAK

Posbindu adalah pemberian layanan kesehatan bagi lansia untuk meningkatkan kesehatan lansia melalui pemeriksaan rutin. Data desa Tenjomaya menunjukkan bahwa tingkat keaktifan lansia dalam kunjungan posbindu masih rendah. Tujuan dari penelitian ini untuk mengetahui hubungan dukungan keluarga dengan keaktifan kunjungan posbindu pada lansia di wilayah kerja Puskesmas Ciledug. Desain penelitian ini menggunakan metode deskriptif korelasional. Populasi lansia yang tinggal bersama keluarga sebanyak 97 lansia. Sampel sebanyak 49 lansia dan teknik pengambilan sampel menggunakan *purposive sampling*. Instrumen yang digunakan berupa kuesioner dan lembar catatan studi dokumentasi kunjungan posbindu. Uji analisis menggunakan uji *Spearman Rank*. Hasil penelitian didapatkan sebagian besar responden mendapatkan dukungan keluarga pada kategori tinggi sebanyak (71,4%), dan keaktifan kunjungan lansia ke posbindu kurang dari setengah responden sangat aktif sebanyak (40,8%). Hasil uji *Spearman Rank* diperoleh nilai yang signifikan, nilai koefisien korelasi kuat dan arah koefisien korelasi positif antara dukungan keluarga dan keaktifan kunjungan posbindu, maka H_0 ditolak yang berarti terdapat hubungan yang signifikan antara dukungan keluarga dengan keaktifan kunjungan posbindu pada lansia di wilayah kerja Puskesmas Ciledug $p\text{ value } 0,000 < \alpha (0,01) r = 0,623$. Semakin tinggi dukungan keluarga maka keaktifan kunjungan posbindu lansia akan semakin sangat aktif. Diharapkan puskesmas dapat meningkatkan program posbindu dan melakukan upaya-upaya dalam pengembangan program kegiatan posbindu lansia, sehingga lansia diharapkan dapat meningkatkan kunjungan posbindu.

Kata Kunci : Dukungan Keluarga, Keaktifan Kunjungan Lansia, Posbindu

Daftar Pustaka : 57 (1980-2024)

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CORRELATION BETWEEN FAMILY SUPPORT AND THE ACTIVITY OF INTEGRATED HEALTH POST VISITS AMONG THE ELDERLY IN THE WORKING AREA OF THE COMMUNITY HEALTH CENTERS CILEDUG

xv + 52 pages + 5 tabels + 2 chart + 17 appendices

ABSTRACT

Posbindu is the provision of health services for the elderly to improve the health of the elderly through routine examinations. Tenjomaya village shows that the level of activeness of the elderly in visiting posbindu is still low. The aim of this research is to determine correlation between family support and the activity of integrated health post visits among the elderly in the working area of the community health centers Ciledug.

This research design uses a correlational descriptive method. The elderly population living with their families is 97 elderly. The sample was 49 elderly people and the sampling technique used purposive sampling. The instruments used were questionnaires and study note sheets documenting posbindu visits. The analysis test uses the Spearman Rank test.

The research results showed that the majority of respondents received family support in the high category (71.4%), and less than half of the respondents were very active in visiting the posbindu (40.8%). The results of the Spearman Rank test obtained a significant value, a strong correlation coefficient value and a positive direction between family support and the activeness of posbindu visits, so H_0 was rejected which means is a significant correlation between family support and the activity of integrated health post visits among the elderly in the working area of the community health centers Ciledug $p \text{ value } 0,000 < \alpha (0,01) r = 0,623$. The higher the family support, the more active the elderly's posbindu visits will be. It is hoped that the puskesmas can improve the posbindu program and make efforts to develop the posbindu activity program, so that the elderly can increase posbindu visits.

Keywords : Family Support, Elderly Visitation Activitie, Posbindu

Referencies : 57 (1980-2024)