

INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA

FAKULTAS KESEHATAN

PROGRAM STUDI ILMU KEPERAWATAN

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**HUBUNGAN LAMA MENDERITA DIABETES MELITUS DENGAN
KESEJAHTERAAN SPIRITUAL PADA PASIEN DIABETES MELITUS
TIPE 2 DI PUSKESMAS PAMENGGANG**

xi + 103 halaman +5 tabel + 17 lampiran

ABSTRAK

Diabetes melitus merupakan penyakit kronis yang berdampak besar terhadap kualitas hidup, termasuk kesejahteraan spiritual penderita. Lama menderita diabetes dapat mempengaruhi bagaimana individu menerima dan menyikapi penyakitnya secara spiritual. Penelitian ini bertujuan untuk mengetahui hubungan antara lama menderita diabetes melitus dengan kesejahteraan spiritual pada pasien diabetes melitus tipe 2 di Puskesmas Pamenggang Kabupaten Cirebon. Penelitian ini menggunakan desain kuantitatif dengan pendekatan *cross-sectional*. Teknik pengambilan sampel menggunakan *accidental sampling* dengan jumlah responden sebanyak 84 orang.

Instrumen yang digunakan yaitu kuesioner demografi dan *Spiritual Health and Life Orientation Measure* (SHALOM). Hasil Uji *Chi-Square* menunjukkan terdapat hubungan signifikan antara lama menderita diabetes melitus dengan kesejahteraan spiritual ($p\text{-value} = 0,000$). Hasil ini menunjukkan bahwa lama menderita diabetes, maka semakin tinggi pula tingkat kesejahteraan spiritualnya, yang ditunjukkan dengan penerimaan terhadap kondisi, harapan, serta hubungan spiritual yang kuat.

Kata Kunci: Diabetes Melitus Tipe 2, Lama Menderita, Kesejahteraan Spiritual

Daftar Pustaka: 34 (2017-2024)

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**THE RELATIONSHIP BETWEEN THE DURATION OF DIABETES
MELLITUS SUFFERING WITH SPIRITUAL WELL-BEING IN TYPE 2
DIABETES MELLITUS PATIENTS AT PAMENGGANG COMMUNITY
HEALTH CENTER**

xi + 103 pages + 5 tables + 17 attachments

ABSTRACT

Diabetes mellitus is a chronic disease that significantly impacts quality of life, including the spiritual well-being of sufferers. The duration of diabetes can influence how individuals accept and respond to their illness spiritually. This study aims to determine the relationship between duration of diabetes mellitus and spiritual well-being in patients with type 2 diabetes mellitus at the Pamengkang Community Health Center in Cirebon Regency. This study used a quantitative design with a cross-sectional approach. The sampling technique used was accidental sampling, with 84 respondents.

The instruments used were a demographic questionnaire and the Spiritual Health and Life Orientation Measure (SHALOM). Chi-square test results showed a significant relationship between duration of diabetes mellitus and spiritual well-being (p -value = 0.000). These results indicate that the longer a patient has diabetes, the higher the level of spiritual well-being, as indicated by acceptance of the condition, hope, and a strong spiritual connection.

Keywords: Type 2 Diabetes Mellitus, Duration of Suffering, Spiritual Well-being

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