

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA  
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Rizki Aulia Febriyanti, Ramli Effendi, Erida Fadila

**HUBUNGAN *PERSONAL HYGIENE* DENGAN PENYAKIT KULIT *SCABIES*  
PADA SANTRI DI PONDOK PESANTREN ASSALAFIE BABAKAN  
CIWARINGIN CIREBON**

xiv + 56 Halaman + 8 Tabel + 18 Lampiran

**ABSTRAK**

*Personal hygiene yang buruk merupakan faktor utama penyebab scabies di pondok pesantren. Rendahnya kesadaran menjaga kebersihan diri, penggunaan barang pribadi secara bergantian, serta jarang mandi dan mengganti pakaian menjadi pemicu utama. Lingkungan padat, ventilasi buruk, dan sanitasi minim memperburuk kondisi. Gaya hidup berkelompok dalam satu ruangan tanpa pembatas mempercepat penularan tungau penyebab scabies antar santri.*

Penelitian ini bertujuan untuk mengetahui hubungan antara *personal hygiene* dengan kejadian penyakit kulit *scabies* pada santri di Pondok Pesantren Assalafie Babakan Ciwaringin Cirebon tahun 2025.

Jenis penelitian ini menggunakan metode kuantitatif dengan desain cross-sectional. Sampel penelitian berjumlah 76 santri laki-laki yang dipilih dengan teknik *proportionate stratified random sampling*. Instrumen yang digunakan berupa kuesioner *personal hygiene* dan kuesioner gejala penyakit *scabies* yang telah diuji validitas dan reliabilitasnya. Analisis data dilakukan secara univariat dan bivariat menggunakan uji Spearman Rank.

Hasil penelitian menunjukkan bahwa terdapat hubungan yang signifikan antara *personal hygiene* dengan kejadian penyakit kulit *scabies* pada santri ( $p\text{-value} < 0,001$ ;  $r = -0,660$ ). Semakin rendah tingkat *personal hygiene*, maka semakin besar kemungkinan santri mengalami gejala *scabies*.

**Kata Kunci:** *Personal hygiene*, Penyakit kulit, *Scabies*, Santri, Pondok pesantren.

**Daftar Pustaka:** 58 (2019-2024)

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HEALTH FACULTY  
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Rizki Aulia Febriyanti, Ramli Effendi, Erida Fadila

***RELATIONSHIP BETWEEN PERSONAL HYGIENE AND SKIN DISEASE  
SCABIES IN STUDENTS AT ASSALAFIE ISLAMIC BOARDING BAKAN  
CIWARINGIN CIREBON***

*xiv + 56 Pages + 8 Tabels + 18 Attachments*

**ABSTRACT**

*Poor personal hygiene is a major factor contributing to scabies in Islamic boarding schools. Low awareness of personal hygiene, sharing personal items, and infrequent bathing and changing of clothes are the main triggers. Crowded conditions, poor ventilation, and minimal sanitation exacerbate the situation. Living in groups in a single room without partitions accelerates the transmission of scabies mites among students.*

*This study aims to determine the relationship between personal hygiene and the incidence of scabies among students at the Assalafie Babakan Ciwaringin Cirebon boarding school in 2025.*

*This study employed a quantitative method with a cross-sectional design. The sample consisted of 76 male students selected using proportionate stratified random sampling. The instruments used were a personal hygiene questionnaire and a scabies symptom questionnaire, both of which had been validated and tested for reliability. Data analysis was conducted using univariate and bivariate analysis with the Spearman Rank test.*

*The results of the study indicate a significant association between personal hygiene and the incidence of scabies among students ( $p$ -value  $< 0.001$ ;  $r = -0.660$ ). The lower the level of personal hygiene, the higher the likelihood of students experiencing scabies symptoms.*

**Keywords:** *Personal hygiene, Skin disease, Scabies, Santri, Boarding school.*

**Referencies:** 58 (2019-2024)