

**INSTITUT TEKNOLOGI DAN KESEHATAN MAHARDIKA**  
**PROGRAM STUDI ILMU KEPERAWATAN**

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**PENGARUH PENYULUHAN CUCI TANGAN PAKAI SABUN TERHADAP  
KEMAMPUAN CUCI TANGAN PADA SISWA KELAS III SD NEGERI 1  
JATIRENGGANG KABUPATEN CIREBON**

xvii + 68 + 7 tabel + 4 skema + 15 lampiran

**ABSTRAK**

Cuci tangan pakai sabun merupakan cara membersihkan tangan dari mulai kulit sampai kuku dengan menggunakan air mengalir dan sabun dengan menggunakan langkah yang baik dan benar supaya terhindar dari virus dan penyakit. Penelitian ini dilakukan untuk mengetahui pengaruh penyuluhan perilaku cuci tangan pakai sabun terhadap kemampuan cuci tangan pada siswa di sekolah dasar SD Negeri 1 Jatirenggang Kabupaten Cirebon.

Desain penelitian *one group pretest-posttest design* dengan populasi semua murid kelas III SD Negeri 1 Jatirenggang sebanyak 30 siswa dengan teknik total *sampling*. *Instrument* yang digunakan berupa lembar observasi. Analisa data menggunakan lembar questioner. Hasil uji etik penelitian dinyatakan “Layak Etik” dari KEPK ITEKes Mahardika.

Hasil penelitian dari 30 responden sebelum diberikan perlakuan sebagian besar siswa kurang mampu mempraktikkan cuci tangan pakai sabun dengan benar dengan jumlah 21 siswa atau 70% dan sesudah diberi perlakuan siswa mampu mempraktikkan cuci tangan dengan jumlah 23 siswa atau 76,67%. Uji paired t- Test menunjukkan  $p \text{ value} = 0,000 < \alpha (0,005)$  sehingga  $H_1$  di terima.

Oleh karena itu ada pengaruh dengan diberikannya penyuluhan cuci tangan pakai sabun terhadap kemampuan cuci tangan pada siswa kelas III di SD Negeri 1 Jatirenggang Kabupaten Cirebon.

**Kata Kunci : Penyuluhan cuci tangan pakai sabun, Kemampuan cuci tangan pakai sabun, anak sekolah dasar.**

**Daftar Pustaka : 42 (2020-2025)**

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FACULTY OF HEALTH SCIENCES  
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Mini Thesis, July 2025

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***The Effect Of Handwashing With Soap Education On Handwashing Skills Among Third Grade Students At SD NEGERI 1 Jatirenggang Cirebon Regency***

*xvii + 68 + 7 tables + 4 schemes + 15 appendices*

**ABSTRACT**

Handwashing with soap is a method of cleaning hands from skin to nails using running water and soap by following proper and correct steps to avoid viruses and diseases. This study was conducted to determine the effect of handwashing behavior education on the handwashing skills of elementary school students at SD Negeri 1 Jatirenggang, Cirebon Regency.

The study used a one-group pretest-posttest design with a population of all third-grade students at SD Negeri 1 Jatirenggang, totaling 30 students, using a total sampling technique. The instrument used was an observation sheet. Data were analyzed using the Paired t - test with a significance level of  $\alpha = 0.005$ . The research passed the ethical review and was declared "Ethically Feasible" by the Ethics Committee of ITEKES Mahardika.

The results showed that out of 30 respondents, before the intervention, most students were less able to properly practice handwashing with soap, with 21 students (70%). After the intervention, 23 students (76.67%) were able to practice handwashing properly. The Paired t - test showed a p-value =  $0.000 < \alpha (0.005)$ , indicating that H1 was accepted.

Therefore, it can be concluded that there is an effect of providing handwashing with soap education through on the handwashing skills of third-grade students at SD Negeri 1 Jatirenggang, Cirebon Regency.

**Keywords:** Handwashing with soap education, Handwashing skills, Elementary school children.

**References:** 42 (2020–2025)