

**INSTITUTE TEKNOLOGI DAN KESEHATAN MAHARDIKA**  
**PROGRAM STUDI KEPERAWATAN**

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**HUBUNGAN PENGETAHUAN PERAWAT DENGAN PELAKSANAAN**  
**RESTRAIN PADA PASIEN PERILAKU KEKERASAN DI RSUD**  
**ARJAWINANGUN KABUPATEN CIREBON**

**ABSTRAK**

Perilaku kekerasan merupakan salah satu manifestasi gangguan jiwa yang memerlukan penanganan khusus, salah satunya dengan tindakan restrain. Penggunaan restrain harus dilakukan sesuai dengan standar operasional prosedur (SOP) untuk menjamin keselamatan pasien dan perawat. Pengetahuan perawat menjadi faktor penting dalam pelaksanaan restrain yang tepat. Tujuan penelitian ini untuk mengetahui hubungan pengetahuan perawat dengan pelaksanaan standar operasional prosedur restrain pada pasien perilaku kekerasan di RSUD Arjawinangun Kabupaten Cirebon.

Jenis penelitian adalah deskriptif korelasional dengan pendekatan cross sectional. Populasi dalam penelitian ini adalah seluruh perawat pelaksana di Ruang Patimura dan IGD RSUD Arjawinangun Kabupaten Cirebon pada bulan Maret 2025 sebanyak 57 orang. dan pengambilan sampel menggunakan metode total sampling sebanyak 57 orang. Analisa data dilakukan dengan menggunakan analisa univariat dengan persentase dan analisa bivariat dengan uji chi square ( $\chi^2$ ).

Hasil penelitian menunjukkan bahwa mayoritas responden (72,72 %) memiliki pengetahuan yang baik tentang restrain pada pasien perilaku kekerasan dan mayoritas responden (89,473%) melaksanakan restrain sesuai dengan standar operasional prosedur. Hasil uji statistik dengan Chi Square pada *Fisher Exact Test* diperoleh  $p$  value ( $0,000$ )  $<$   $\alpha$  ( $0,05$ ) dengan demikian menunjukkan bahwa  $H_0$  diterima artinya terdapat hubungan antara pengetahuan perawat tentang restrain dengan pelaksanaan restrain pada pasien perilaku kekerasan di RSUD Arjawinangun Kabupaten Cirebon ( $p = 0,000$ ,  $\alpha = 0,05$ ).

Diharapkan pihak rumah sakit dapat menyelenggarakan pelatihan rutin dan evaluasi berkala mengenai pelaksanaan SOP restrain untuk seluruh perawat, khususnya yang baru bergabung, guna meningkatkan keselamatan pasien dan mutu pelayanan keperawatan.

**Kata Kunci : Pengetahuan Perawat, Pelaksanaan, Restrain, Perilaku kekerasan**

**MAHARDIKA INSTITUTE OF TECHNOLOGI AND HEALTH  
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**CORRELATION BETWEEN NURSES' KNOWLEDGE AND THE  
IMPLEMENTATION OF RESTRAIN ON PATIENTS WITH  
VIOLENT BEHAVIOR AT ARJAWINANGUN HOSPITAL,  
CIREBON REGENCY**

**ABSTRACT**

*Violent behavior is one of the manifestations of mental disorders that requires special handling, one of which is through the use of restraints. The application of restraints must be carried out in accordance with Standard Operating Procedures (SOP) to ensure the safety of both patients and nurses. Nurses' knowledge is a crucial factor in the proper implementation of restraints. This study aims to determine the relationship between nurses' knowledge and the implementation of SOP-based restraint procedures on patients with violent behavior at Arjawinangun Regional Public Hospital, Cirebon Regency.*

*This research employed a descriptive correlational design with a cross-sectional approach. The population consisted of all implementing nurses in the Patimura Ward and Emergency Room of Arjawinangun Regional Public Hospital in March 2025, totaling 57 nurses. The sampling technique used was total sampling, involving all 57 respondents. Data were analyzed using univariate analysis (percentage) and bivariate analysis with the Chi-Square test ( $\chi^2$ ).*

*The results showed that the majority of respondents (72.72%) had good knowledge of restraints on violent patients, and most respondents (89.47%) implemented restraints in accordance with SOPs. The statistical test using the Fisher Exact Test showed a p-value of 0.000 ( $< \alpha = 0.05$ ), indicating that the alternative hypothesis ( $H_a$ ) is accepted. This means there is a significant relationship between nurses' knowledge of restraints and the implementation of restraints on patients with violent behavior at Arjawinangun Regional Public Hospital.*

*These findings indicate that improving nurses' knowledge greatly influences the compliance with SOPs for restraint procedures. Thus, strengthening nurses' competencies through training and technical guidance is highly recommended as a strategic effort to improve patient safety and the quality of nursing care.*

**Keywords: Knowledge nurses, Implementation, Restraint, Violent Behavior**